

DRUG CHART OF MEDICATION FOR USE BY CABIN CREW

DRUG	FORMAT AND USAGE	DOSAGE AND ADMINISTRATION	PRECAUTIONS And WARNINGS
ACETYLSALICYLIC ACID (Aspirin) 300mg	Tablet Suspected Heart Attack	ONE tablet to be chewed or swallowed whole. May be repeated after FOUR hours if necessary. Do not give to children under the age of 16 years unless on the advice of a doctor.	NOT to be given if history of peptic ulcer or vomiting of blood. NOT to be given if allergic to Aspirin. DO NOT give to children under the age of 16 years unless on the advice of a doctor. Take with or after food.
BUPRENORPHINE (Temgesic) 0.2mg	Tablet Moderate/severe pain e.g. heart attack, fractures, burns, renal colic	Dissolved under the tongue (sublingual) ADULTS AND CHILDREN OVER 12 YEARS: Initially ONE or TWO tablets. Repeat every EIGHT hours, increasing, if necessary, to ONE or TWO every SIX to EIGHT hours. CHILDREN 6-12 YEARS: Initially HALF a tablet. Repeat if necessary every EIGHT hours.	NOT for children under 6 years. NOT if liver disease or head injuries known to be present. NOT to be given during pregnancy or if breast feeding. USE with care if breathing with difficulty. May cause drowsiness. If affected do not drive or operate machinery. Avoid alcoholic drink,
CHLORPHENIRAMINE (Piriton) 4mg	Tablet Relief of allergic reactions	ADULTS AND CHILDREN OVER 12 YEARS: Initially ONE tablet. Repeat after FOUR to SIX hours if necessary. Not more than SIX tablets in 24 hours. CHILDREN 6-12 YEARS: Initially HALF a tablet. Repeat after FOUR to SIX hours if necessary. Not more than THREE tablets in 24 hours	Warning. May cause drowsiness. If affected do not drive or operate machinery. Avoid alcoholic drink
EPINEPHRINE/ADRENALINE (Epipen Auto Injector) 0.3mg	Intramuscular injection for self-administration Severe allergic reaction (Anaphylaxis)	See instruction leaflet or refer to the Medical Manual	Only to be administered to a child over 30kg (4 stone, approximately 6 years)
GLUCOSE GEL (Hypostop)	Gel Low blood sugar or hypoglycaemia	Squeeze contents of ONE TUBE slowly under the tongue (sublingual) and allow to be absorbed. Repeat if necessary	To be given to known or suspected diabetics who are semi-conscious or unconscious. PASSENGER MUST BE IN RECOVERY POSITION WITH AIRWAY OPEN.
GLYCERYL TRINITRATE (Nitrolingual Spray) 400mcg <i>(also known as GTN)</i>	Spray Angina Pain	Spray ONE or TWO metered doses under the tongue. (sublingual). <i>If passenger normally uses Nitrolingual spray, give at their usual dose/frequency.</i>	For use in the absence of angina sufferers own medication.
ISOSORBIDE DINITRATE (Isordil) 5mg	Tablet Angina Pain	Initially ONE or TWO tablets dissolved under the tongue (sublingual). Repeat after TWO hours if necessary. <i>If passenger normally uses Isordil, give at their usual dose/frequency.</i>	ONLY for use in the absence of angina sufferers own medication.

PLEASE TURN OVER

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LOPERAMIDE (Arret/Imodium) 2mg	Capsule Diarrhoea	ADULTS AND CHILDREN OVER 12 YEARS: Initially TWO capsules, swallowed whole, then ONE capsule every FOUR hours if necessary. Not more than EIGHT capsules in 24 hours. CHILDREN 9-12 YEARS: ONE capsule every SIX hours.	NOT for children under 9 years.
LORAZEPAM (Ativan) 1mg	Tablet Anxiety, e.g. fear of flying, claustrophobia	Initially ONE or TWO tablets (swallowed whole). Repeat after SIX hours if necessary.	NOT with alcohol. NOT for children under 16 years. NOT if severe liver disease is known to be present. NOT to be given during pregnancy. Warning. Causes drowsiness which may continue the next day. If affected do not drive or operate machinery. Avoid alcoholic drink.
PARACETAMOL (Calpol) 120mg/5ml <i>(also known as Acetaminophen/Tylenol)</i>	Liquid Pain, fever in infants and young children	0-3 MONTHS: <u>only on Medlink/Health Professionals advice</u> 3-12 MONTHS: HALF to ONE 5ml spoonful (2.5-5ml) 1-6 YEARS: ONE to TWO 5ml spoonfuls. Repeat after FOUR hours if necessary. Not more than FOUR doses in 24 hours.	WARNING: DO NOT EXCEED THE STATED DOSE. NOT to be given to infants under 3 months except on Health Professionals advice. NOT to be used if known liver or kidney disease. Not to be used if allergic to Paracetamol. CHECK own Paracetamol or products containing Paracetamol have not been given within FOUR hours
PROCHLORPERAZINE (Buccastem) 3mg	Tablet Nausea, vomiting or vertigo	ADULTS AND CHILDREN OVER 12 YEARS: Initially ONE tablet. Place tablet between gum and upper lip and allow to dissolve. Repeat ONCE or TWICE if necessary at intervals of SIX hours. Not more than FOUR tablets in 24 hours.	NOT to be given if history of cardiac conditions or kidney complaints. NOT to be given during pregnancy. NOT for children under 12 years. Warning . May cause drowsiness. If affected do not drive or operate machinery. Avoid alcoholic drink.
SALBUTAMOL (Ventolin) 100mcg	Inhaler Asthma attack	ONE or TWO puffs. For persistent symptoms up to EIGHT puffs in 24 hours.	NOT if thyroid disease known to be present. NOT if receiving treatment for high blood pressure. NOT to be used in pregnancy unless normally prescribed. If symptoms not relieved after first dosage contact Medlink
SPACER	Spacer Asthma attack	See instruction leaflet or refer to the Medical Manual	
XYLOMETAZOLINE (Otrivine) 0.1%	Spray Nasal and sinus blockage caused by upper respiratory infection or allergy	See instruction leaflet. Spray ONE application into each nostril initially. Repeat after EIGHT hours if necessary. Not more than THREE doses in 24 hours.	NOT for children under 12 years. Not to be used during pregnancy. NOT to be used if taking medication for high blood pressure. ONLY to be used by one person to prevent contamination.

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